



Southern Berkshire Regional School District
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Please
Post

ELEMENTARY SCHOOL COUNCIL MEETING AGENDA
UNDERMOUNTAIN ELEM. SCHOOL
APRIL 12, 2012
3:15 P.M.
ROOM #B26

AGENDA

- (1) Health Expo Planning
- (2) Other

To: All staff
From: Susan Weinstein, Erin Woodsome
Re: Health Expo update

At last week's School Council Health Expo meeting a unanimous decision was made to hold off on the Health Expo until the beginning of the 2012-13 school year. We believe a Health Expo involving hands-on activities, healthy lifestyle information, nutritious snacks and a community dinner for students, families and the community makes an ideal way to 'kick off' the new school year. To that end... the Healthy Students/ Healthy Schools committee will be using the next few months to plan and prepare for this fall event. All interested staff and parents are welcome to attend and participate in these meetings.

At Undermountain, on June 13th we are planning an activity filled 'Health Day' for all students grades Pre-K thru 6th. Possible events may include a walk-a-thon, Zumba classes, healthy snacks, cooking classes, First Aid class for older students, and more. NMC has a Health Day on its calendar as well.